

Dear Teachers, parents & dancers,

Once again we would like to welcome you all to the O'Mordha Feis.

The feis has now been running for over 20 years, growing in status every year from its humble beginnings in a parish hall.

We have a fabulous panel of adjudicators and also, two of the finest musicians to play for the dancers.

Our awards are of the highest standard. All grade dancers will be awarded at least two medals. 1st place winners will receive a sash in all primary and intermediate light trophy competitions.

Open Championship and Preliminary Championship top 3 winners will receive a sash plus the appropriate special awards.

Boys Open Championship belts will be awarded for the highest placed boy in U12-U16 age groups.

<u>Open Championships</u> – Time permitting all open championship dancers will be recalled for their open set, to enable them to practice for the upcoming world championships in Montreal. Otherwise it will be 50% recall. There will be a separate 2 yearly open set solo competition which preliminary and non recalled open dancers can enter into. This competition is free of charge.

To cater for all your dancing needs we will have John and Rose Clark and Melaine Gammage with their respective stalls.

Also Peggy and Paula will be serving you from Peggy's kitchen with all their usual goodies (open until dancing finishes!)

We would like to wish you all a very successful day, in anticipation of your attendance.

Warmest regards,

Stella Moore ADCRG

Joanne Moore

Standard Rules for North West Feiseanna 2015

ENTRY REQUIREMENTS

- 1. Ages to be taken from 1st January 2015
- 2. Entries will only be accepted from schools currently registered with An Coimisiun.
- 3. Lodgement of entries at a Feis implies that you accept the rules relating to the Feis in their entirety as laid down by the NWRC and An Coimisiun, and that you accept that the Results of the Feis will be published on the NWRC website.

ADJUDICATORS & MUSICIANS

- 4. The Adjudicators decisions are final. The Adjudicators should not be approached by any persons other than the Feis Committee.
- 5. Pupils of an Adjudicator employed at a particular feis may not take part in the Feis even if the adjudicator is judging alternative age groups.
- 6. Any Adjudicator from outside the NW Region cannot judge an Open Feis in the North West Region within 6 months of their last adjudication in the region. Any Adjudicator from the North West Region cannot judge an Open Feis in the North West Region within 3 months of their last adjudication in the region.
- 7. An Adjudicator from outside the North West Region may not adjudicate a Class Feis in the North West Region in the 6 months leading up to adjudicating an Open Feis in the Region.
- 8. All musicians used should be competent and willing to abide by the prescribed metronomic speeds of An Coimisiun.

Novice

Reel 128-130 Light jig 116 Single jig 124 Slip Jig 124 Heavy Jig 96 Hornpipe 144

Primary

Reel 116-118 Light jig 116 Single jig 124 Slip Jig 120 Heavy Jig 82 Hornpipe 130

Intermediate/Open

Reel 113 Slip Jig 113 Heavy Jig 73 Hornpipe 113

Traditional Set Dance

Blackbird 144 St. Patrick's Day 94 Job of Journeywork 138 Garden of Daisies 138

King of Fairies 130 Three Sea Captains 96 Jockey to the Fair 90

NOVICE, PRIMARY AND INTERMEDIATE GRADE

9. At any one Feis, a dancer may only dance each Solo Dance, the Light Trophy and the Heavy Trophy in ONE GRADE only.

NOVICE AND PRIMARY GRADE

- 10. There will be a minimum of 2 Novice Dances up to and including the Under 11 age group. Only the most basic Steps may be performed in this grade. Children entering the Novice cannot enter the Primary for the same dances,
- 11. All Novice Competitions are confined to the North West Region. All Primary, Intermediate, Preliminary and Open Competitions are open to all Regions.
- 12. Any dancer who wins 1st, 2nd or 3rd in Novice must move up to Primary providing there are 6 or more dancers in the competition.
- 13. Any competitions in Novice, Primary and Intermediate, in which there are 5 or less dancers shall not count for grading purposes. However a Dancer may only place in 3 such competitions and they then must move up to the next grade.
- 14. There will be no restriction on the step content performed in the Primary grade.
- 15. A Primary dancer is one who has never won a first in that particular dance.
- 16. If there are more than 20 competitors in any Primary solo competition then 1st, 2nd and 3rd placed dancers must move up to the next grade. If there are 20 or less competitors, then only the 1st placed dancer will be required to move up to the next grade. Please note this applies to solo Primary competitions only.
- 17. Primary Trophy Competitions are confined to dancers who have never won a Primary Trophy. Any Light Dance can be performed for the Trophy but it must have been danced in the Novice or Primary section on the day of the Feis.
- 18. A winner of a Primary Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
- 19. Only skirts and tops or a simple class costume may be worn in the Novice and Primary Grades.
- 20. Make-up will not be permitted for any dancer in the first two grades (Novice and Primary up to and including the under 12 age group worldwide. This rule refers to the age group of the competition, not the actual age of the dancer. Leg tan is NOT part of this rule.
- 21. In the event of there being no provision for a particular age group, a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the year.
- 22. Any competition in which there are 5 or less dancers shall not count for grading purposes. However a Dancer may only win 3 such competitions and they then must move up to the next grade.

INTERMEDIATE GRADE

- 23. An Intermediate Dancer is one who has never won a first place in that particular dance in their present age group.
- 24. Intermediate Trophy competitions are confined to dancers who have never won an Intermediate Trophy in their present age group. Any Light Dance can be performed for the Trophy but it must have been danced in the Intermediate section on the day of the Feis.
- 25. A winner of an Intermediate Trophy Competition must move up to the next grade for both the Dance they performed to win the Trophy and the Trophy competition itself.
- 26. At any one Feis, an Intermediate dancer may only dance each solo dance once, with the exception of intermediate dancers wishing to enter the Preliminary or Open Trophy/Championship.
- 27. In the event of there being no provision for a particular age group, then a dancer may dance up an age group, however on attaining first place in any dance, that dancer must remain in the higher grade for that dance for the remainder of the

vear.

28. Any competition in which there are 5 or less dancers shall not count for grading purposes. However a Dancer may only win 3 such competitions and they then must move up to the next grade.

PRELIMINARY CHAMPIONSHIP/PREMIER

- 29. A preliminary dancer is one who has not been placed in the top 5 in a mixed open championship in any region in the current calendar year.
- 30. A preliminary dancer is one who has not won a Preliminary Championship/ Premier in any region in the current calendar year.
- 31. An intermediate dancer may also compete in a preliminary Championship/ Premier. Places in preliminary competitions will not count for grading purposes.
- 32. A preliminary Championship/ Premier must have a minimum of 5 competitors.
- 33. A dancer may enter a preliminary Championship/ Premier and an open championship if they are eligible.

OPEN GRADE

- 34. With the exception of the Under 6 and 7 age groups, any dancer who has won an Open Championship before a panel of three adjudicators must dance Open (This does not include Boys Championships).
- 35. In all age groups, (with the exception of under 6 and under 7), where solos and Championships are run separately, competitors must have performed 1 light dance and 2 heavy dances to be eligible for the Premier Trophy/Championship. This does not apply where solos are combined in with the Championship.
- 36. The wording 'Championship' will only be used where there is a panel of 3 adjudicators.

ALL GRADES

- 37. No block, en pointe, stationary or moving, will be allowed to be performed by any dancers up to and including the Under 11 Age Group. The Under 12 age group is also governed by this rule up until 1st September each year after which they are permitted to perform the movement.
- 38. Dancers must dance in their own age group for solo competitions if that age group is provided for.
- 39. Any competitor found to be using artificial carriage aids and subsequently refuses to remove them will be subject to disqualification from that particular competition. Medically prescribed apparatus, proof of which may be required, will be exempt from this.

FIGURE DANCING

40. Figure teams may contain up to 50% from a lower age group.

GENERAL FEIS RULES

- 41. Any protest against breach of rules must be made be in writing, within 1 hour of the conclusion of the relevant competition and accompanied by a fee of £10.00, which will be refunded should the objection be upheld.
- 42. Medals will be awarded in accordance with the minimum requirements as laid down by the NWRC:
 - 1 medal where there is 3 competitors
 - 2 medals where there are 5 competitors
 - 3 medals where there are 7 competitors
 - 4 medals where there are 10 competitors and
 - 1 medal for each additional 10 or part of 10 competitors.
- 43. The Feis Organiser reserves the right to cancel any competition should there be insufficient entries.
- 44. In the interest of Health, hairspray and any other aerosols must not be used in any of the dancing areas.
- 45. In accordance with the ruling laid down by An Coimisiun and in the interest of safety, dancers are asked to be suitably dressed at all times and should not undress in the competition halls.
- 46. Mobile phones and electronic games must be switched off in all of the dancing areas.
- 47. Abusive language and offensive behaviour will not be tolerated. Any person acting in such a way will be asked to leave the Feis
- 48. Feis Organisers will, as far as is practicable, provide a stage surface suitable for dancing. However, the Feis Organisers cannot accept liability for injuries sustained whilst on the dancing areas. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer.
- 49. If parents have any constructive comments to make about any aspect of Feiseanna, these would be welcomed by the council and should be put in

writing. It should be noted that anonymous correspondence cannot be dealt with.

- 50. Any Form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means, e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition
- 51. Where Family Fees are applicable. These fees shall only include 1 Light Trophy and 1 Heavy Trophy per Child. Any additional Trophy Competitions are not eligible for the Family Fee and need to be paid for separately.
- 52. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group. This rule refers to the age group of the competition, not the actual age of the dancer. Leg tan is NOT part of this rule.

SYLLABUS APPROVED BY:

Grade Competitions

Novice Reel/Hop Jig/Trophy U6 to U11

Primary U6&U7 Reel Light-Jig Hop-Jig Slip-Jig Light-Trophy

U8-13 Over Reel Light-Jig Hop-Jig Slip-Jig Light-Trophy

Heavy-Jig Hornpipe Heavy-Trophy

Intermediate U7-14 Over Reel Light-Jig Hop-Jig Slip-Jig Light-Trophy

Heavy-Jig Hornpipe Heavy-Trophy

Primary Trophy See Rule 16 Intermediate Trophy See Rule 29

Open Dances

U6 Reel Light-Jig Hop-Jig Slip-Jig Traditional Set Premier - Reel

U7 Reel Light-Jig Hop-Jig Slip-Jig Heavy-Jig Open Set Premier - Reel +

Hop-Jig or Light-Jig

Open Championships (Required Dances)

Championships with a panel of 3 adjudicators will be held from U8 upwards, with solo results being given for each round

U8 Heavy Jig Reel (Recall Traditional set)

U9 Heavy Jig Reel (Recall Traditional Set)

U10 Heavy Jig or Hornpipe + Reel or Slip-Jig (Recall trad or open set)

U11 – Seniors Heavy Jig or Hornpipe + Reel or Slip-Jig (Recall Open Set)

Preliminary Championships

U10-14Over Reel or Slip-Jig Heavy Jig or Hornpipe (No recall) Solo results to be given for each round of preliminary Championships.

Number of bars required for all championships Reel/Jig 40 Bars Slip Jig/Hornpipe 32 Bars

Boys Belts

From U12 upwards the highest placed boy in an Open Championship will be presented with a boys Championship belt.

Senior Figure Dancing

2 hand dance, 3 hand dance

4 hand dance, fairy reel, 8 hand ceili + Progressive dance (all to be taken from An Rince Foirne) Figure Dance (Teachers own invention)

SATURDAY 21st FEBRUARY 2015

Hall A

9am U8/U9 Championship (alt)

10.00 U10 Prelim/Championship (alt)

11.30 U11 Prelim/Championship (alt)

12.30 U10/U11 Open solo set dance competition (for Prelim/Champ dancers)

1.30pm U12 Prelim/Championship (alt)

3pm U13 Prelim/Championship (alt)

4.30pm U12/U13 Open solo set dance competition (for Prelim/Champ dancers)

Hall B		Hall C
U10 Int	9am	U11 Int
U10 Nov/Prim	10am	U11 Nov/Prim
U8 Int	11am	U9 Int
U8 Nov/Prim	12.30	U9 Nov/Prim
U6 Nov/Prim	2pm	U7 Nov/Prim
U6 Open	3pm	U7 Int/Open (alt)
U12 Primary	4pm	U13 Prim/13 Over Prim (alt)
U12 Int	4.30	U13 Int

SUNDAY 22nd FEBRUARY 2015

Hall A

9am U14/14 Over Int (alt)

10am U14 Prelim/Open Championship (alt)

11.30 14 Over Prelim/U15 Open Championship (alt)

1pm Senior Championship (May split depending on numbers/age groups)

Senior Figure

3pm U16/U17 Open Championship (alt)

Fees - payable on the day

Solos £3.00

Trophy £5.00

Premier £6.00

Preliminary Champs £22 including solo results

Open Champs £22.00 including solo results

A dancer entering in intermediate and preliminary championship will pay a maximum of

£40.00

Family fee £45.00 – see rule 51

Door entry £5 Concessions - £2.50 No charge for Children

Accomodation

Feis Hotel – Cresta Court Hotel, Altrincham

Travel lodge, Runger Lane, Hale Barns

Premier Inn – Manchester Rd. Altrincham

DIRECTIONS

St Antonys College can be found just a few minutes after exiting the M60 Ring Road (W and N) at Junction 9. Urmston/Trafford Park/A5081

FROM THE SOUTH: Take a right signposted A5081 Trafford Park. At the roundabout immediately after leaving the motorway take the fourth exit on to Barton Road.**

FROM THE NORTH: Keep right at the fork following signs for B5158/Urmston/Stretford. At the roundabout take the second exit onto Barton Road.**Then take the next right onto Moss Vale Crescent, which continues onto Moss Vale Road. At the mini roundabout take the second exit onto Winchester Road. Driving under the motorway take the first exit at the mini round about onto Moss Vale Road.Finally, take the following left onto Bradfied , road, and the destination will be on your left

Championship Winners 2014

U6 Caomhe McGowan Loughran

U7 Rosie McDowell Marshall

U8 Freya Lally McAteer

U9 Jared Marshall Marshall

U10 Amber Marshall Caroline Green

U11 Joe Pavier Inis Cara

U12 Holly Duffy Duffy Travis

U13 Ruaire McCabe Morgan

U14 Mairead Gleeson Williams Morgan

U15 Jack Roberts Inis Cara

U16 Patrick McKenna Morgan

U17 Devon Moore Inis Cara

U19 Luke McCusker Fitzgibbon

Sen Sean Downes McCutcheon

Preliminary

U10 Isobel Haughton McNamara Clarke

U11 Madison Henderson Taramor

U12 Jack Whitworth Phoenix

U13 Natalie Doherty Taramor

U14 Siobhan Doolin Loughran

14+ Bethany Phelan Linda Merriman

Would all of the above winners please ensure your cups are returned in time for the relevant competition.

<u>Boys belts</u> Highest placed boys in championships U12 upwards from 2014 please ensure belts are returned